

JOB SHADOWING IN PORTO

Course Summary

This course provides a comprehensive overview of the Portuguese school education system. From its historical background to its current structure and key features, participants will gain valuable insights into the Portuguese educational landscape. The course will cover various aspects, including the organization of the system, curriculum structure, assessment methods, and the role of teachers and students, and visits to 2 Portuguese schools and to the Centre CiiL which develop and share scientifically-based assessment and intervention tools for children with difficulties in learning to read. CiiL is a partnership between the Polytechnic of Porto, Porto City Council, and the Ministry of Education and has supported around 3,700 preschool, primary, and secondary school pupils.

Course Objectives

- **School Visits:** We will have the opportunity to visit at least two schools with established inclusive education practices. These visits will allow us to observe inclusive classrooms, interact with students, and witness effective teaching methodologies that cater to diverse learners.
- **Psychology and Guidance Services in Schools:** The Portuguese education system recognizes the importance of addressing the psychological and emotional well-being of students. To achieve this, every school is equipped with Psychology and Guidance Services. These services consist of trained psychologists and educational counselors who work closely with students, teachers, and parents to provide support and guidance.
- **Discussions with School Management and Inclusive Teams:** You will have structured discussions with school management and inclusive teams to gain insights into the processes and decision-making involved in implementing changes related to inclusive education. We will also explore successful collaborative practices between the counseling system and schools.
- **Exploring Innovative and Promising Approaches to Foster School-Community Collaboration through Diverse Pedagogical Methods and Inclusive Practices,** including the tutoring system, interactions with companies, partnership with the University of Porto, and engagement with the Parish Council.
- **Introduction of Changes and Description of the Portuguese Educational System:** Through interactive sessions, we will discuss the introduction of changes in the inclusive education system within the Portuguese context. We will gain an understanding of the policies, regulations, and support structures that facilitate inclusive education practices in Portugal.
- **Practical Education and Well-being Assessment:** To evaluate the well-being of teachers and pupils, we will explore practical education initiatives and assessments. We will observe and participate in activities designed to promote the well-being of both teachers and students and learn about the methodologies used to assess their effectiveness.

Besides learning outcomes:

- Presentation of the psychological support given to students and the differences between Portugal and Slovakia.
- Check the guidelines for new methodologies of monitoring and implementing psychological counseling and vocational guidance approaches in the two EU countries.
- Share ideas and resources with other colleagues and gain an understanding of different education practices and policies
- Improve communication, social English, and digital skills
- Promoting intercultural awareness
- Reinforcing self-awareness as a European citizen

PROGRAMME

Contents

<p>Day 1 Sunday (8 October)</p>	<p>Meet at 18:30</p> <ul style="list-style-type: none"> ✓ Welcome session and course overview and Hand-out of material ✓ Presentation of the participants and team; ✓ Team building; ✓ Dinner and Icebreaking.
<p>Day 2 Monday (9 October)</p>	<p>Meet at 9:00 – Legendary Hotel</p> <ul style="list-style-type: none"> ✓ Presentation Trainer: Sílvia Vilas ✓ Introduction to the Portuguese Education System <ul style="list-style-type: none"> ✓ Historical background and influences ✓ Legal framework and governing bodies ✓ Key principles and objectives ✓ Organization and Structure <ul style="list-style-type: none"> ✓ Levels of education: Pre-school, Primary, Secondary, and Tertiary ✓ School types: Public, Private, and International Schools ✓ School administration and management ✓ Curriculum and Subjects <ul style="list-style-type: none"> ✓ National curriculum guidelines and frameworks ✓ Extracurricular activities and specialized programs ✓ Assessment and Evaluation <ul style="list-style-type: none"> ✓ Grading and examination systems ✓ National exams. Digital format tests from 2025 onwards, from the basic education tests to the national exams. ✓ Assessment methods ✓ Teachers and Students <ul style="list-style-type: none"> ✓ Teacher qualifications and professional development ✓ Student rights and responsibilities ✓ Support systems for students with special needs. ✓ Afternoon 15.00 H: City walking tour (2H)
<p>Day 3 Tuesday (10 October)</p>	<p>Meet at 9:00</p> <ul style="list-style-type: none"> ✓ Welcome to CiIL (Reading Research and Intervention Centre) at Polytechnic Institute of Porto (IPP). ✓ Visiting University facilities: observing infrastructures, and resources ✓ Meeting with Dra. Ana Sucena, the scientific coordinator of the CiIL team ✓ The CiIL intervention team is multidisciplinary team in nature and includes teachers, psychologists, and speech therapists – a project between the Polytechnic Institute of Porto and Porto City Council. (is made up of 30 professionals) ✓ Explanation of the background of the project: Background: Recent research points to persistent difficulties in persistent difficulties in learning to read and write as a risk factor for motivation, school learning, and children's self-esteem Early intervention is the most response to learning difficulties. Early intervention can have an even more ambitious goal, in the sense of preventing the child from experience learning difficulties, thus giving rise to the term "at risk" (of experiencing difficulties in learning to read and write).Based on the strongest predictors of difficulties: phonemic awareness and knowledge of letter-sound relationships ✓ Scope : CiIL has covered all the School Groups in the Municipality of Porto with EPE and 1st cycle, a total of 28 schools in 16 school groupings. ✓ Activities : There were 41 activities for EPE, aimed at developing language and phonological awareness - syllables, rhymes and phonemes - and 20 sessions for 1st grade, focusing on promoting knowledge of the alphabetic principle - phonemic awareness and letter-sound relationships - and the decoding process - reading words and pseudo-words. Presentation, explanation, and purpose of all activities ✓ Presentation of the results and statistics (from the pre-intervention to the post-intervention moment) ✓ Discussion and comparison with Slovakian pedagogical interventions.
<p>Day 4 Wednesday (11 October)</p>	<p>Meet at 9:00</p> <ul style="list-style-type: none"> ✓ Welcome to Agrupamento do Cerco School ✓ Visiting schools' facilities: observing infrastructures, and resources ✓ Meeting with the School Principal and Teacher Helena Bragança Erasmus Coordinator - School presentation and details ✓ Well-being Curriculum (Students and teachers): Presentation of several ongoing school projects ✓ Supportive School Environment and technical-pedagogical services (socio-educational support; vocational guidance; library) ✓ Special Education ✓ Psychology and Guidance Services (SPO) ✓ Information and Vocational Counselling: How do Psychology and counseling services support students in choosing their careers and higher education courses ✓ Network of Live Science Clubs at School - Project Partnerships for Science Education ✓ JANUS: Support System for Educational Psychologists ✓ Projects such as Aular, Turmas Ninho, the tutoring system, the relationship with companies, the University of Porto, or with the Campanhã Parish Council. Exploration of Innovative and Promising Approaches in Fostering School-Community Collaboration Through Diverse Pedagogical Methods and Inclusive Practices. ✓ Refugee children and young people - educational measures ✓ Education strategy for education strategy ✓ European Club: It plays a vital role in educating and engaging students in the European integration project, enhancing their active involvement, and bolstering the safeguarding of their rights and responsibilities. This, in turn, contributes to the reinforcement of European citizenship identity and values. ✓ The Digital Academy for Parents Programme

<p>Day 5 Thursday (12 October)</p>	<p>Meet at 14:00 AFTERNOON</p> <ul style="list-style-type: none"> ✓ Welcome to Almeida Garrett Secondary School ✓ Visiting schools' facilities: observing infrastructures, and resources ✓ Meeting with the School Principal and Erasmus Coordinator - School presentation and details ✓ Well-being Curriculum (Students and teachers): Meeting Eco-Schools coordinator- discussion about this project about environmental sustainability and other school ongoing projects ✓ Supportive School Environment (School Psychologists and Counsellors): a supportive and inclusive environment where students and teachers feel safe and valued. Implementation of anti-bullying policies, fostering positive relationships, and providing resources for mental health support. Meeting with 3 psychologists (Carla Meneses, Joana Pinheiro, and Regina Fernandes) about: ✓ Information and Vocational Counselling: How does the SPO (Psychology and counseling service) support our students in choosing their careers and higher education courses? What resources and tools are available to guide them through this crucial process? ✓ Psychological and psycho-pedagogical support: What role does the SPO play in the emotional and academic support of our students? How do you address issues related to anxiety, stress, and other concerns that may affect our students' well-being? ✓ Supporting the Development of the School Community Relations System: How does the SPO contribute to promoting a healthy and inclusive school environment? What strategies do you implement to strengthen relationships between students, teachers, and parents? ✓ Organization parent-teacher meetings (overall welfare environment)
<p>Day 6 Friday (13 October)</p>	<p>Meet at 9:00 – Legendary Hotel</p> <ul style="list-style-type: none"> ✓ Course evaluation: round-up of acquired competencies, feedback, and discussion; ✓ Discussion of future cooperation and planning follow-up activities ✓ Awarding of the course Certificate of Attendance. ✓ Certification ✓ Social Program (cultural activities)

1. **Legendary Porto Hotel** (Adress : [Praça da Batalha 127 130, 4000-102 Porto](#))

2. **CiiL (Centro de Investigação e intervenção na leitura) Adress: * Zona de Paranhos, Pólo Universitário**, Rua Dr. António Bernardino de Almeida, 400, 4200 - 072, Porto, Portugal - (Contact Person and Coordinator of the project - Dra. Ana Sucena)

3. **AGRUPAMENTO DO CERCO – Adress : R. Nossa Sra. Calvário 125, Porto (Contact person : Deputy Headteacher of Cerco do Porto Schools : Dra. Helena Bragança)**

4. **Escola Secundária de Almeida Garrett – Adress - Praceta Dr. José Sampaio 4430-090 Vila Nova de Gaia (Erasmus Coordinator and Teacher : Dra. Elisabete Gomes)**